

## **ENRICHMENT CLASSES FOR 2022-23**

**All enrichment classes start at 1:00 PM to 2:00 PM**

### **3's & Pre-K**

#### **TUESDAYS: EXPLORING ART: 3's & Pre-K**

Let's unlock your child's inner artist and explore the art world! We will spark your child's creativity with an assortment of mediums, as well as open-ended activities to create their own, one-of-a-kind masterpieces. This is their chance to dive in and get creative!

[Teacher – Alyssa Delagnes](#)



#### **TUESDAYS: MUSIC: 3's & Pre-K**

Explore the fun and magical world of music! Activities will include making and exploring different instruments, experimenting with sound and movement, as well as learning about various styles of music.

[Teacher– Lorelei Russell](#)



#### **TUESDAYS or FRIDAYS: GYMNASTICS: 3's & Pre-K**

This class focuses on gross motor, core strength, and coordination skills. Children will practice tumbling, acrobatics, balancing, jumping on the vault and interactive games with the parachute. This class is ideal for coordination, agility, balance, muscle development and fun.

[Teacher – Kim Kludt](#)



#### **WEDNESDAYS: LITTLE YOGIS: 3's & Pre-K**

Breathe. Balance. Stretch. Repeat! Our little yogis will learn mindfulness, meditation, yoga poses and breathing exercises while building muscles, gaining flexibility, improving concentration and having fun. Games, music, stories, and art will be incorporated into each class and every session will end with relaxation.

[Teacher – Roz Garrow](#)



#### **THURSDAYS: FIRST SPANISH: 3's & Pre-K**

Hola! This class will explore basic Spanish vocabulary through reading stories, tasting Mexican/Spanish treats and singing songs. Students will learn Spanish for simple greetings, numbers, colors, food and more, in a happy creative setting.

[Teacher – Elena Lamothe](#)



### **THURSDAYS: PLAY AT LIFE: 3's & Pre-K**

“Play at Life” teaches pragmatic life skills in a carefully planned and fun way. Each week, exciting environments such as “Birthday Party Day”, “A Day at the Veterinarian’s Office”, “Gardening”, “Ice-Cream Shop”, “Hair Salon/Barbershop”, “Traffic Safety” and many more are set up for the children to enjoy. These experiences provide opportunities for children to learn practical life skills which help guide them towards independence, while building a solid foundation of self-reliance.



[Teacher – Alli Capek](#)

### **FRIDAYS: MATH WIZARDS: 3's & Pre-K**

Math is awesome! The class introduces and reinforces math concepts of shapes, measurements, patterns, and numbers through games, projects, literature, art, and music. Math Wizards provides a rich environment with hands-on experiences so children can have fun with math and strengthen their mathematical foundation.

[Teacher – 3's Merry Cohn](#)

[Teacher – Pre-K Laury Shattock](#)

## **Pre-K Only**



### **MONDAYS: SCIENCE: Pre-K**

This popular class offers a wonderful introduction to scientific concepts and an exploration of technology in a guided, small group setting. Hands-on activities, experiments and discovery will entertain and educate the natural curiosity in your child.

[Teacher – Mike Gardiner](#)

### **MONDAYS & WEDNESDAYS: ZOO-PHONICS: Pre-K**

Using a “whole-brain” approach for the best memory retention, your child will learn their letters, sounds and pre-reading skills. As children learn through doing, “Zoo-phonics” provides opportunities to learn in a joyful, innovative way. As this is a **twice weekly class**, the fee is \$1,690.



[Teacher – Laury Shattock](#)